

# Keep Kids Healthy in the Water

Even in well-maintained pools,  
some germs can **survive for days.**

## Tips for Parents:

- Keep kids out of water if sick with diarrhea.
- Don't let kids swallow the water.
- Take kids on bathroom breaks every hour.
- Change diapers in diaper-changing area.



**Swim healthy. Stay healthy.**



[www.cdc.gov/healthyswimming](http://www.cdc.gov/healthyswimming)